

## BAY PATH PROTOCOL MASKS, VENTS, BANDANAS, FACE SHIELDS & GAITERS



THE CDC RECOMMENDS THAT YOU WEAR MASKS IN PUBLIC SETTINGS AROUND PEOPLE WHO DON'T LIVE IN YOUR HOUSEHOLD AND WHEN YOU CAN'T STAY 6 FEET AWAY FROM OTHERS. MASKS HELP STOP THE SPREAD OF COVID-19 TO OTHERS.

### HOW TO SELECT MASKS

*Wear a mask correctly and consistently for the best protection*

*Be sure to wash or sanitize your hands before putting on a mask*

*Do NOT touch the mask when wearing it*

*Be careful not to touch your eyes, nose and mouth when removing your mask*

- Wear masks with two or more layers of breathable fabric
- Wear the mask over your nose and mouth and secure it under your chin
- Masks should fit tightly against the sides your face with no gaps
- If you wear glasses, find one that fits closely over your nose or one that has a nose wire to limit fogging
- Do NOT choose masks that have exhalation valves or vents which allow virus particles to escape
- NO Bandanas, Face Shields or Gaiters